



# JANUARY 2018 Aquatics Schedule

FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

Activity	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Open Swim</b>	1:00PM - 4:45PM	1:00PM - 3:00PM  6:30PM - 8:45PM	9:00AM - 12:00PM 1:00PM - 2:00PM  7:45PM -8:45PM	1:00PM - 3:00PM  6:30PM - 8:45PM	9:00AM - 12:00PM 1:00PM - 2:00PM  7:45PM - 8:45PM	1:00PM - 3:00PM  6:30PM - 7:45PM	1:30PM - 3:45PM
<b>Lap Swim</b>	1:00PM - 4:45PM 2 LANES	5:30AM - 8:00AM 3 LANES  8:00AM - 5:30PM 2 LANES  7:00PM - 8:45PM 3 LANES	5:30AM - 8:00AM 3 LANES  8:00AM - 2:00PM 2 LANES 3:00PM-2:00PM 1 LANE 7:00PM-8:45PM 2 LANES	5:30AM - 8:00AM 3 LANES  8:00AM - 5:30PM 2 LANES  7:00PM - 8:45PM 3 LANES	5:30AM - 8:00AM 3 LANES  8:00AM - 2:00PM 2 LANES 3:00PM-2:00PM 1 LANE 7:00PM-8:45PM 2 LANES	5:30AM - 8:00AM 3 LANES  8:00AM - 5:30PM 2 LANES  7:00PM - 7:45PM 3 LANES	8:00AM-9:00AM 2 LANES  9:00AM-1:00PM 1 LANE  1:00PM-3:45PM 2 LANES
<b>Aerobics &amp; Group Fitness</b>		Water Aerobics 8:00AM - 9:00AM  High Impact 9:30AM - 10:30AM  Arthritis 11:00AM - 11:45AM  Arthritis 12:00PM - 12:45PM	Aqua Tai-Chi 12:00PM - 12:50PM  Water Aerobics 6:45PM - 7:45PM	Water Aerobics 8:00AM - 9:00AM  High Impact 9:30AM - 10:30AM  Arthritis 11:00AM - 11:45AM  Arthritis 12:00PM - 12:45PM	Aqua Tai-Chi 12:00PM - 12:50PM  Water Aerobics 6:45PM - 7:45PM	Water Aerobics 8:00AM - 9:00AM  High Impact 9:30AM - 10:30AM  Arthritis 11:00AM - 11:45AM  Arthritis 12:00PM - 12:45PM	Water Aerobics 8:00AM - 9:00AM
<b>Reserved</b>		FTCC 1:00PM - 2:00PM	<b>Pool Closed for Home School PE 2:00PM - 3:00PM</b>	FTCC 1:00PM - 2:00PM	<b>Pool Closed for Home School PE 2:00PM - 3:00PM</b>	POSSIBLE MAKE-UP LESSONS	