



May 2018 Aquatics Schedule

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Activity	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open Swim	1:00PM - 4:45PM	1:00PM - 3:00PM 6:30PM - 8:45PM	9:00AM - 12:00PM 1:00PM - 2:00PM 7:45PM - 8:45PM	1:00PM - 3:00PM 6:30PM - 8:45PM	9:00AM - 12:00PM 1:00PM - 2:00PM 7:45PM - 8:45PM	1:00PM - 3:00PM 6:30PM - 7:45PM	1:30PM - 3:45PM
Lap Swim	1:00PM - 4:45PM 2 LANES	5:30AM - 8:00AM 3 LANES (Adult) 8:00AM - 5:30PM 2 LANES (Adult) 7:00PM - 8:45PM 3 LANES	5:30AM - 8:00AM 3 LANES (Adult) 8:00AM - 12:00PM 3 LANES 12:00PM-2:00PM 2 Lanes 3:00PM-7:00PM 1 LANE (Adult) 7:00PM-8:45PM 2 LANES (Adult)	5:30AM - 8:00AM 3 LANES (Adult) 8:00AM - 5:30PM 2 LANES (Adult) 7:00PM - 8:45PM 2 LANES	5:30AM - 8:00AM 3 LANES (Adult) 8:00AM - 12:00PM 3 LANES 12:00PM-2:00PM 2 Lanes 3:00PM-7:00PM 1 LANE (Adult) 7:00PM-8:45PM 2 LANES (Adult)	5:30AM - 8:00AM 3 LANES (Adult) 8:00AM - 5:30PM 2 LANES (Adult) 7:00PM - 7:45PM 2 LANES (Adult)	8:00AM-9:00AM 2 LANES (Adult) 9:00AM-1:00PM 1 LANE (Adult) 1:30PM-3:45PM 2 LANES (Adult)
Aerobics & Group Fitness		Water Aerobics 8:00AM - 9:00AM High Impact 9:30AM - 10:30AM Arthritis 11:00AM - 11:45AM Arthritis 12:00PM - 12:45PM	Aqua Tai-Chi 12:00PM - 12:50PM	Water Aerobics 8:00AM - 9:00AM High Impact 9:30AM - 10:30AM Arthritis 11:00AM - 11:45AM Arthritis 12:00PM - 12:45PM	Aqua Tai-Chi 12:00PM - 12:50PM	Water Aerobics 8:00AM - 9:00AM High Impact 9:30AM - 10:30AM Arthritis 11:00AM - 11:45AM Arthritis 12:00PM - 12:45PM	Water Aerobics 8:00AM - 9:00AM
Reserved			Pool Closed for Home School PE 2:00PM - 3:00PM		Pool Closed for Home School PE 2:00PM - 3:00PM		