

Site Application due by December 16th (Spring) and July 13th (Fall)

- A safe, dedicated space for running and exercises with restrooms and First Aid Kit available. This is essential. This does not have to be a track. A field is fine. However, there is a need to measure off part of the area for occasions when lessons require running a certain distance, e.g. 1 mile, 5k, etc. Briefly describe the available running area:

- A rain space- indoor, private, preferably a gym reserved for the program and not in conflict with other programs, although it can also be a classroom depending on the number of participants. Briefly describe the available indoor space:

- A plan for successfully recruiting participants and parents to ensure a minimum of 8 and a maximum of 15 per team. (This might include a lunchtime presentation, flyer in school newsletter, after school info session or a table at open house) Briefly describe your plan:

Approval by School Administration/Site Director

I, _____ approve for the Girls on the Run and STRIDE program to be delivered at _____. I also agree with site involvement criteria listed above.

Name: _____ Signature: _____

Title: _____ Date: _____

PLEASE NOTE: Program registration is on a first come, first served basis. Coaches will be allowed to register their child early to ensure they get into the program. Each team must have a minimum of 8 and a maximum of 15. If you expect to have more than one team please state below.

Number of teams: _____

Form Submitted by: _____ Date: _____

Return form to:

Liz Dial, GOTR/STRIDE Program Director, 2717 Fort Bragg Rd, Fayetteville, NC 28303

Or by email at lizd.ymcanc@gmail.com

Phone: (910) 323-0800 Ext 107 Fax: (910) 323-5650