



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA OF THE SANDHILLS

FAYETTEVILLE AQUATICS

Monday/Wednesday August 3,5,10,12,17,19,24,26	
Preschool 1 3:30-4:00	Water Acclimation Beginner
Preschool 2 4:10-4:40	Water Movement Pre- Intermediate
Stage 1 4:50-5:30	Water Acclimation Beginner
Stage 2 5:40-6:20	Water Movement Pre-Intermediate
Stage 3 6:30-7:10	Water Stamina Intermediate
Stage 4/5 6:30-7:10	Stroke Introduction Advanced

Tuesday/Thursday August 4,6,11,13,18,20,25,27	
Preschool 1 4:00-4:30	Water Acclimation Beginner
Preschool 2 4:40-5:10	Water Movement Pre- Intermediate
Preschool 3 5:20-5:50	Water Stamina Intermediate
Stage 1 4:30-5:10	Water Acclimation Beginner
Stage 2 5:20-6:00	Water Movement Pre-Intermediate
Stage 3 6:10-6:50	Water Stamina Intermediate
Stage 4 6:00-6:40	Stroke Introduction Advanced
Adult 7:00-7:40	Skill Development Beginner/ Intermediate

NOTICE: All swim lesson participants and their parents will have their temperature checked upon entering the building. Please do not enter the facility if you are sick or have displayed any symptoms.

Parents will need to drop their children off at the drop off point on the pool deck and pick children back up at the designated exit at the end of the lesson.

GROUP
SWIMMING LESSONS
August 2020



OPEN SWIM FOR PROGRAM PARTICIPANTS, SIBLINGS, AND FAMILY MEMBERS BEFORE, DURING, OR AFTER SWIM LESSONS IS NOT PERMITTED!

Group & Age Level



All age groups are taught the same skills but divided according to their developmental milestones.

Cancellations

Any classes cancelled by the YMCA will be rescheduled. Possible makeup classes will be held on a Friday or any extra days at the end of the month.

Any classes cancelled and/or missed by participants **WILL NOT** be made up or refunded.

Class Size

Each class has a required minimum of **four students** to be viable.

If minimum class size is not met, students may be moved to an alternative class on the **first day** of the session.

Class Schedule

Monday/Wednesday and Tuesday/Thursday classes meet two days per week for eight classes over one month. Saturday classes meet once per week for eight classes over two months.

Safety Lessons

In the YMCA Curriculum, we are required to involve safety lessons. For accidents that occur in the pool during your scheduled lesson, we will do a safety curriculum for the remaining time of the class.

Class Length

Parent & Child and Preschool classes are **30 minutes** in length. Stage 1-6 classes are **40 minutes** in length.

Group Lesson Pricing(8 lessons)

Members	\$42 per child/session
Non-Members	\$82 per child/session

PRIVATE LESSONS

Private lessons may be requested by signing a Request Form at the Front Desk. Lessons will be accommodated as instructors become available. Private lesson instructors will make contact as they have openings in their schedule.

Private Lesson Pricing (4 lessons)

Members	\$99
Non-Members	\$119

2 Pack Lessons

Members	\$50
Non-Members	\$60

Private Family Lesson Pricing (6 lessons)

Parent & 1-3 children	\$169
Parent & 4+ children	\$220