



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

2017

LIFEGUARD/CPR CERTIFICATION TRAINING

IN ACCORDANCE WITH AMERICAN RED CROSS STANDARDS

Location: Fayetteville YMCA, 2717 Fort Bragg Road, Fayetteville NC 28303
910-426-9622 OPT 4

Prerequisites

- Completion of pre-swim test 1st night of class consisting of Front Crawl and Breast Stroke.
- Must be 15 years old before last day of class.
- Must be pre-registered prior to start of class.
- Must pay non-refundable pre-swim testing fee.
- Must pay course balance upon successful pre-swim test

Great part time employment positions
Currently Hiring for Summer Positions
Work for the Y and receive a discount

Lifeguard Course Certification Curriculum:

You must attend all class sessions, complete all assignments, pass water skills testing, pass written test with 80% accuracy. Upon successful completion of all, you will receive certification in American Red Course Lifeguarding, AED, CPR-PR, First Aid, and BloodBorne Pathogens.

Lifeguarding Course:

\$35.00 non-refundable testing fee due upon sign up.
After passing pre-swim testing, the additional course fee balance is due \$115.00 YMCA members, \$165.00 for program participation.

Recertification course: \$35.00 pre testing fee plus additional \$75.00. Certification has not expired.

CPR/AED/First Aid for the professional : \$89.00 (CPR-PR/AED/FA only)

Class Dates & Times:

January	March	April	May	June	July
10,11,12,13,14 24,25,26,27,28	7,8,9,10,11 14,15,16,17,18 28,29,30,31, Apr 1	4,5,6,7,8 11,12,13,14,15 18,19,20,21,22 25,27,27,28,29	2,3,4,5,6 9,10,11,12,13 16,17,18,19,20 23,24,25,246,27	May 30,31, Jun 1,2,3 6,7,8,9,10 13,14,15,16,17 20,21,22,23,24	11,12,13,14,15 25,26,27,28,29
February					August
7,8,9,10,11 21,22,23,24,25					1,2,3,4,5

**** **Special Note** ****

Unless otherwise posted the lifeguard class portion will meet Tuesday- Friday 5:00 pm - 10:00 pm.
Saturday (CPR class day for both lifeguard/CPR/AED/FA and CPR-PR/AED/FA Only) 8:00 am - 6:00 pm.
Sunday class time if needed 9:am-1:00

All females must wear a one piece swim suit.