



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LIFEGUARD SESSION FOR MARCH

SESSIONS ARE HELD AT THE FAYETTEVILLE BRANCH YMCA

PREREQUISITES

- COMPLETION OF PRE-SWIM TEST GIVEN ON 1ST NIGHT OF CLASS, CONSISTING OF FRONT CRAWL AND BREAST STROKE
- MUST BE 15 YEARS OLD BEFORE LAST DAY OF CLASS
- MUST BE PRE-REGISTERED PRIOR TO START OF CLASS
- MUST PAY NON-REFUNDABLE PRE-SWIM TESTING FEE OF \$35
- MUST PAY COURSE BALANCE UPON SUCCESSFUL COMPLETION OF PRE-SWIM TEST
- ALL FEMALES MUST WEAR 1-PIECE SWIMSUIT

PRICING, AFTER COMPLETION OF PRE-SWIM TEST

MEMBER: \$115 COMMUNITY MEMBER: \$165

MARCH CLASS DATES: March 7-11, March 14-18
March 21-25, March 28-April 1

DAYS/TIMES: TUES-FRI 5PM-10PM; SAT 8AM-6PM

**CPR/FIRST AID CERTIFICATION WILL BE HELD AT
FAYETTEVILLE BRANCH YMCA**

**YMCA OF THE SANDHILLS-FAYETTEVILLE BRANCH
2717 FORT BRAGG RD FAYETTEVILLE, NC 28303
FOR QUESTIONS CALL (910)426-9622 OPT. 4
VISIT US ONLINE AT WWW.YMCAOFTHE SANDHILLS.ORG**