



YMCA WRESTLING CAMP

YOTS - Saleeby Family Branch
is offering a 4-day wrestling
camp for 7-17 years old.
Boys and Girls welcome, no
experience needed!

JULY 15-18

- ✓ NO SKILLS NECCESARRY
- ✓ FOUNDATION & RULES
- ✓ SINGLE & DOUBLE LEG TAKEDOWNS
- ✓ SCRIMMAGE & TOURNAMENT



1:00 PM - 1:45 PM
7-12 years old

2:00 PM - 2:45 PM
13-17 years old

Cost

Members \$45 Nonmembers \$60

Registration Link
www.ymcaofthesandhills.org



More Information

910-426-9622

saleebyymca@ymcaofthesandhills.org