



## LIT/CIT Application

The LIT/CIT program is an amazing program where teens gain a whole new sense of responsibility, critical thinking skills, caring for others, develop leadership and an unforgettable summer experience at the YMCA of The Sandhills.

The LIT/CIT registration process has a few steps that are different from a regular camper registration. Space is limited.

- Parent or Guardian, or LIT/CIT candidate will fill out the application form in full and return it via email to [Sadrea.McGill@ymcaofthesandhills.org](mailto:Sadrea.McGill@ymcaofthesandhills.org) or drop a printed copy off to the front desk. To be considered to participate in the LIT program, the completed application packet and recommendations must be submitted and phone interview completed. Deadlines will be noted in the email and must be followed to be considered for this competitive program. Candidates must demonstrate the skills, character and desire to be in the CIT/LIT Program.
- LIT/CIT candidates must submit a completed application and ONE professional letter of recommendation. This recommendation can be from a teacher, pastor, mentor, coach, former employer or volunteer coordinator. Please refrain from using family members.
- Once the application packet is submitted, the LIT/CIT candidate will need to complete an interview in person or via Zoom with Sadrea McGill, Teen Director. Candidates will also create and present a Powerpoint presentation about themselves at the in-person interview. Sadrea will coordinate the interview time directly with the LIT/CIT Candidate. Space is limited and program participation is competitive, so it is important to meet all deadlines as required. Candidates will not be considered unless all required documents and interviews have been completed.
- Once a decision has been made, BOTH candidate and parent(s) will be notified, the registration process will be completed and payment method will be collected. All registrants will need to complete a total of 10 volunteer/service hours



**YMCA of The Sandhills**  
**Leader in Training (LIT)/Counselor in Training (CIT) Application**

Name:	Preferred Name:
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**LIT/CIT Information:**

Date of Birth	Cell Phone	Home Phone
School	Grade	Email Address

**LIT/CIT Parent Information:**

Parent/Guardian Name	Phone	Email Address
Parent/Guardian Name	Phone	Email Address

**Please answer the following:**

How many summers have you attended YMCA of The Sandhills?
What is the last summer you attended?



**Please answer the following questions**

**Please print or type clearly**

1. Please list all your previous leadership experience: Include volunteer work, employment, certifications, special skills, sports, clubs and other extracurricular activities.
  
  
  
  
  
  
2. Describe your perfect Camp Counselor
  
  
  
  
  
  
3. This program is all about being a leader with children in a camp setting. Why do you want to work with children?
  
  
  
  
  
  
4. How can you contribute to the LIT/CIT Program as a team member?
  
  
  
  
  
  
5. What should the role of a LIT/CIT be at camp?
  
  
  
  
  
  
6. On a scale of 1 to 10, how invested are you into being in this summer program? Please explain your rating:



7. Would you like to work at camp one day? Why or why not?
8. Why should you be selected for this program?
9. Do you have any sports skills or interest?



## LIT/CIT Applicant Reference Form Pt. 1

Name of Applicant: \_\_\_\_\_

Date of Birth: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Applicant Signature: \_\_\_\_\_

Date: \_\_\_\_\_

### For Reference To Complete:

This above has applied for a position in YMCA of The Sandhills leadership programs. Serious consideration will be given to your comments, so we ask that you complete this form carefully. Your early response will be most appreciated as the applicant's admission to the program is dependent on this form. We sincerely appreciate your cooperation.

Please return to applicant or submit directly to Sadrea McGill, Teen Director  
[Sadrea.McGill@ymcaofthesandhills.org](mailto:Sadrea.McGill@ymcaofthesandhills.org)

Please check the following and comment where necessary:

Your relationship to the applicant:

- Employer
- Teacher
- Coach
- Pastor
- Other: \_\_\_\_\_

How well do you know the applicant:

- Very Well
- Well
- Casually
- Not Well

Would you hire this person to work with your children?

- Yes
- No

Please list the applicant's strengths:

## LIT/CIT Applicant Reference Form Pt. 2

Please rate the following and provide comments where necessary:

	Excellent	Good	Fair	Poor	N/A	Comments
Initiative	<input type="checkbox"/>					
Self-Discipline	<input type="checkbox"/>					
Self-Image	<input type="checkbox"/>					
Ability to Work with Others	<input type="checkbox"/>					
Concern for Others	<input type="checkbox"/>					
Desire to Serve	<input type="checkbox"/>					
Ability to Manage Peer Pressure	<input type="checkbox"/>					
Work Ethic	<input type="checkbox"/>					
Dependability	<input type="checkbox"/>					
Emotional Stability	<input type="checkbox"/>					
Judgement/Decision Making	<input type="checkbox"/>					
Adaptability	<input type="checkbox"/>					
Ability to Lead	<input type="checkbox"/>					
Ability to Follow	<input type="checkbox"/>					
Perseverence	<input type="checkbox"/>					

Name/Signature: \_\_\_\_\_